



Preschool -- Three & Four Year Olds



Monday



Tuesday



Wednesday



Thursday



Friday



Themes:

- 1.) Independence Day
- 2.) At the Beach
- 3.) Community Helpers
- 4.) Music
- 5.) Summer Games

BEACH

6
Art: Me at the Beach
Discussion: Beach Safety
Let's Explore Sandpaper
Sensory Table: Ocean Animals
Cooking Day: Under the Sea Rice Cakes



7
Art: Wet Chalk Drawings The Letter "Uu" for Underwater
Play-Doh Fun with Seashells
We'll Practice Cutting to the Beach Item
Bubble Fun Outside



8
Art: Paper Plate Seashells
Let's Trace the Line to the Beach Toy
Book: "Clifford's Beach Day"
Sensory Table Fun with Boats
Show & Tell Something about the Beach



9
Art: Sand Art Beach Ball Fun
The #7 for Seven Beach Balls
We'll Play Hermit Crab, Hermit Crab, Where Are You?
Sensory Table Fun with Sand



10
SUMMER DAY OF FUN
Water Slide Games
Fun & Music



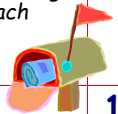
13
Librarian
Art: Book Marks
Dramatic Play: Library
Discussion: Parts of a Book
Sensory Table Fun with Pom Poms & Tweezers
Math: Putting Books in Size Order



14
Sanitation Worker
Art: Bingo Dot a Garbage Truck
Let's Use Our Trucks to Collect Recycling & Garbage
The Letter "Vv" for Volunteer
Discussion: What Community Helpers Are in Our People Bucket?
Community Helper Flashcards



15
Mail Carriers
Art: Postcards to Mail Home
Match the Truck to the Community Helper
Writing Center: Drawing Pictures for Friends
Dramatic Play: Mail Carriers
Show & Tell What You Want to Be When You Grow Up



16
Police Officers
Art: Police Officer Badge
The #8 for Eight Badges
Discussion: When Should You Call 911?
Kindle Fun
Let's Make a List of Community Helpers



17
Doctors
Art: Q-Tip Painting
Dramatic Play: Doctor
Discussion: Why Do We Go to the Doctor?
Match the Tool to the Community Helper
Let's Practice Shapes on Our Dry Erase Boards



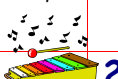
20
Art: Let's Paint to Music
We Will Practice Making Rhythmic Patterns
Tracing Instrument Words
Activity: Listen to Different Genres of Music
Let's Dance to Music with Our Ribbon Wands



21
Art: Bell Bracelet
Activity: Loud & Quiet
The Letter "Ww" for Waltz
Let's Play a Song with Our Kazoos
Book: "Giraffe's Can't Dance"



22
Art: Tambourines
Let's Dance and Play Our Instruments
Music Flashcards
Discussion: What Sound Each Instrument Makes
Show & Tell Your Favorite Instrument



23
Art: Popsicle Stick Xylophone
The #9 for Nine Music Notes
Discussion: What's Your Favorite Song?
Let's Explore Sounds with Different Shakers
We Will Build Music Words with Magnet Letters



24
Art: Bingo Dot a Guitar Musical Note Pattern Worksheet
Let's Watch a Blippi Clip about Various Musical Instruments
Practice Our ABC's on Our Dry Erase Boards



27
Art: Olympic Olive Wreath
Let's Practice Jumping over Hurdles with Pool Noodles
Discussion: What Are the Olympics?
Gross Motor: Basketball
We'll Practice Javelin Throwing with Straws



28
Art: Olympic Ring Art
The Letter "Xx" For Exhilarating
Let's Play Ring Toss
Kindle Play
We'll Stack Circle Pretzels on Straws



29
Art: Olympic Torch
We'll Practice Passing a Baton During a Relay Race
Practice Sorting Big X from Little x
Song: "Star Spangled Banner"
Special Snack: Olympic Torch
Show & Tell Kid's Choice

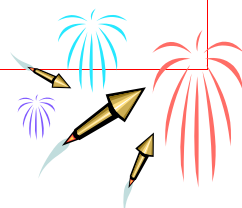


30
Art: Olympic Medals
The #10 for Ten Gold Medals
Sensory Table: Olympic Ring Bracelets
Gross Motor: Fly Swatters and Beach Balls
Discussion: The Difference between the 3 Colors of Medals

30
Art: Team USA Poster
Gross Motor: Parachute and Bean Bags
Let's Practice the Balance Beam
Sensory Table Fun with People Swimming



Poko Loko Wheeling — (847) 520-4466



Preschool Three & Four Year Olds Songs & FingerPlays for July

Fourth of July

Fourth of July, Apple Pie
A Picnic in the Park, And Then, After Dark
Designs in the Sky, Fourth of July

Happy Independence Day

Wave the Flag, Red, White, & Blue (Pretend to Wave Flag)
Our Country Belongs to Me & You (Point to Self, Then to Others)
So All Together, Let Us Say (Cup Hands Around Mouth)
Happy Independence Day!

I Love Sand

{Three Blind Mice}

Sand, Sand, Sand; Sand, Sand, Sand
I Love Sand, I Love Sand, It's Fun to Squish It Between My Toes
Or Build a Mountain as High as My Nose
Or Dig a Tunnel that Grows & Grows, Cause I Love Sand

Swimming

{Sailing, Sailing}

Swimming, Swimming in Our Swimming Hole
When Days are Hot, When Days are Cold in Our Swimming Hole
Breast Stroke, Side Stroke, Fancy Diving Too
Oh, Don't You Wish You Never Had Anything Else to Do but
Swimming, Swimming in Our Swimming Hole
When Days are Hot, When Days are Cold in Our Swimming Hole
Breast Stroke, Side Stroke, Fancy Diving Too
Oh, Don't You Wish You Never Had Anything Else to Do

Community Helpers Song

Workers, Workers, Workers; Workers, Workers, Workers
Workers, Workers, Workers; Let's Talk About the Workers
Teachers and Lawyers; Teachers and Lawyers
Teachers and Lawyers; Let's Talk About the Workers
Doctors and Medics; Doctors and Medics
Doctors and Medics; Let's Talk About the Workers

Traffic Policeman

The Traffic Policeman Holds Up His Hand (Hold Up Hand, Palm Forward)
He Blows the Whistle (Pretend to Blow Whistle)
He Gives the Command (Hold Up Hand Again)
When the Cars are Stopped (Hold Up Hand Again)
He Waves at Me; Then I Cross the Street, You See
(Wave Hand as If Indicating for Someone to Go)

If I Could Play

If I Could Play the Piano, This is the Way I Would Play, (Move Fingers Like Playing a Piano)
If I Had a Guitar, I Would Strum the Strings This Way, (Hold Guitar & Strum)
If I Had a Trumpet, I'd Toot to Make a Tune, (Play Trumpet)
But If I Had a Drum, I'd Go Boom, Boom, Boom (Pretend to Play Drum)

Musical Instruments

This is How a Horn Sounds; Toot! Toot! Toot! (Play Imaginary Horn)
This is How Guitars Sound
Vrrroom, Vrrroom, Vrrroom (Strum Imaginary Guitar)
This is How the Piano Sounds
Tinkle, Grumble, Brring (Run Fingers Over Imaginary Keyboard)
This is How the Drum Sounds
Rat-a-Tat, Grumble, Brring (Strike Drum, Include Cymbal)

Olympic Oath

I Promise to Follow the Rules of the Games
To be Fair, To be a Good Sport and Honor My Teams
I'll Remember to Play for Fun

Olympic Race

Standing and Waiting for the Race to Begin
I'm Getting Quite Nervous, Am I Going to Win?
Crouching Down Low, I Wait for the Gun
Bang! There it Goes, We're Starting to Run
My Heart is Pounding; I'm Going to Burst
Come on Legs Keep Running, I want to Come in First
Just One Last Effort, I Pass the Line
Am I First, Last, Where Am I? What's My Time
I Stand on the Podium Proud and Bold
I'm Wearing My Medal, An Olympic Gold!